General Support Volunteer for the Health and Well Being Centre

**Responsible to:**

Martin Rock Health and Well Being co-ordinator

**Hours available:** 10am – 3pm, Monday to Friday

**Purpose:** To assist the staff team in delivering a varied programme of social and leisure activities in small groups and on a one to one basis.

**Summary of Duties**

To support visually impaired service users by:

* To support service users with various activities such as: social sessions, games, Quiz’s, cooking sessions, exercise sessions and craft sessions.
* Meeting and greeting transport and providing support and assistance into Beacon Centre
* Guiding clients around the centre
* Helping service users to socialise
* Providing assistance at meal times
* Delivering social activities
* Providing support to visually impaired service users, including those with limited mobility, and wheelchair users to enable their participation in walks and activities.
* Providing support to people with limited communication skills to enable their participation in individual and small group activities.

**The Role**

The purpose of this role is to provide assistance to the carers, to help support the visually impaired people who visit the day care activity centre.

Good communication skills and an outgoing and friendly approachable manner are essential, as are reliability and a commitment to confidentiality.

As a support volunteer you will gain experience of working with visually impaired people.

A DBS disclosure is required for this role.