



BEACON

Wolverhampton Road East, Sedgley, WV4 6AZ

Job Title:	Physical Wellbeing Officer
Salary:	£18,000 - £22,000
Responsible to:	Community Development Manager
Responsible for:	Gym Support Officer Volunteers
Location:	Beacon Centre and across the charity's geographic operating footprint
Hours of Work:	37.5 hours per week. Flexible working will be required

Overview

Beacon was established in 1875 with its charitable aim : ***To promote the relief of visually impaired persons.***

Working with its stakeholders, Beacon has developed Ambition 2025 as its long term Vision, the strategic objectives are:

1. Ensure core products and services stay relevant and respond to changing needs and demands.
2. Maximise the opportunities afforded by technology developments.
3. Grow the business in terms of turnover, products and services and operating area.
4. Resilience and strengthen the income base.
5. Raise the profile of the issue (sight loss) and its impact on society.

You will implement a range of physical wellbeing activities to support customers to improve their physical strength, mobility, balance and confidence, which directly contributes to the vision and values of the charity.

As a member of the Health & Wellbeing team you will play a key role in the delivery of Beacon's Health & Wellbeing Services. You will work with colleagues to design and implement programmes of reablement for a range of people impacted by sight loss.

Main responsibilities of the role

1. To design and deliver individual and group activities to improve the physical wellbeing of customers and build their skills and confidence.
2. To manage the gym facilities at Beacon Centre and any other geographical locations where comparable facilities are introduced, establishing user agreements and protocols and overseeing equipment purchase and maintenance.

3. In partnership with colleagues and medical professionals to create and implement reablement plans for customers impacted by sight loss.
4. To collaborate with colleagues and partners to develop and deliver training to improve the physical and wellbeing of customers and build their skills and confidence.
5. To monitor progress and collate information and data to evidence and record within Beacons IT systems.
6. To maintain effective relationships with current and potential partners and supporters.
7. To work collaboratively with colleagues to expand and develop physical wellbeing programmes and activities.
8. To ensure that health and safety regulations are maintained and observed at all times, producing risk assessments and documentation as required.
9. To be an active member of the Community Development Team.
10. To have a flexible approach to work and motivate staff and volunteers.

Experience and Knowledge

Essential

- Experience of designing and delivering physical wellbeing programmes.
- Experience of liaising with medical professionals in relation to customers with health conditions.
- Experience of working with a range of delivery partners.
- Experience of working collaboratively with internal and external stakeholders and partners.
- Knowledge of using Microsoft Office and bespoke IT systems.
- Experience of working with sensitive information in accordance with Data Protection Act/GDPR.
- Ability to work flexibly and adapt your style to diverse customer groups.
- Able to meet an enhanced DBS check.

Desirable

- Experience of working with people with visual impairment and people with other disabilities.
- Experience of reablement or rehabilitation programmes.
- Possession of a valid driving licence, own transport and prepared to use and insure this for work purposes.